

Save cash and the planet

Not that you need a bribe to be good to Mother Earth, but becoming greener can also net you more *dinero*. Who wouldn't love that?

By Holly Hays

Tout your eco-ness

RecycleBank.com dishes out deals on popular household brands. Earn points by logging on every time you do something earth-friendly (like recycling a plastic bag), and get coupons in return.

Annual savings: \$133

Eat more veggies

Red meat wins the dubious title of Food With the Biggest Carbon Footprint. Skip it twice a week to slash up to 900 pounds of emissions a year *and* save coin. Proof: A four-pack of beef burgers costs about \$9, versus \$5 for the veggie variety. Make the switch simple—go to Self.com/recipefinder for delish meatless ideas.

Annual savings: \$416

Ditch techy clutter

Odds are, you've got at least one flip phone or ancient MP3 player dying a slow death in a drawer somewhere. Mail them in to Gazelle.com, SecureTradein.com or YouRenew.com. The sites will recycle the parts and give you cash (about \$52 for an iPod).

Annual savings: \$200

See the light

If you've switched to energy-saving bulbs, you deserve a prize. (We know they don't always give off a warm glow.) Register your utility bills at MyEnergy.com. For each month you spend less than the year before, you'll get points to use at spas, cafés and more.

Annual savings: \$360

AND GUESS WHAT?
YOU'LL POCKET...

\$1,109

HERE'S A QUICKIE

Check your fridge and freezer. To conserve energy and trim your bill, set them to 40 and 5 degrees, respectively. So easy.

