

+JUST SHOOT ME NOW

I work-ranted on Twitter

Your boss flipped out; a coworker jacked your lunch...your job blows. So after happy hour, you Twitter-bitch. And then you remember: Your boss follows you. JSMN. By Marjorie Korn

Delete the evidence.

If your manager doesn't refresh her feed 24/7, she may not have read it. The next day: "Check your company's social-media policy," says Deanna Zandt, author of *Share This!*, to find out if you're even allowed to tweet about work. The fine print is a slog, but if your boss saw your post, you'll know if you broke a rule or just pissed her off.

Hide out.

Hold back on the wiseass jokes, whiny updates about how you're so hungover—or basically any 140-character outburst that might draw more attention to you over the next few weeks, Zandt advises. And don't try to overcompensate for your screwup with any bull-twit about how much you *lurve* your job.

Deal.

If you used your company's handle or hashtag in your post, your gaffe will likely land in some higher-up's inbox. Many businesses now use computer programs that scan the Twitterverse for mentions, says Jason Keath, CEO of Social Fresh, a social-media training company. Or, maybe your boss is more plugged in than you thought. If she confronts you, say, "I'm sorry. I want to assure you that I've deleted the post and it will never happen again," Keath advises. And, goes without saying, never tweet anything about work that you could tag #FML.

Only 5 percent of tweeps adjust their privacy settings to **hide posts from employers**, a Jobvite.com survey finds. May we suggest you do that now?